



# Hope Focused Marriage Enrichment Program



## About the Program

“Hope Focused Marriage Enrichment” is a four week program that was developed by Dr. Everett Worthington, Ph.D. “Hope Focused Marriage Enrichment” has been extensively researched and has been shown to be one of the most effective programs available for strengthening marriages.

“Hope Focused Marriage Enrichment” is not marriage counseling but it does help couples resolve problems.



This enrichment will help you:

- Develop and enhance a vision for your marriage;
- Communicate effectively;
- Enhance the intimacy in your marriage;
- Deepen love for each other, have greater faith in each other and will support you as you work hard on your marriage.

## What Makes up the Program

This program of four 1½ hour meetings with a trained consultant will build on the strengths that you have in your marriage. The enrichment program will also provide you with communication principles and skills that will enable you and your spouse to have greater closeness in your marriage for years to come.

All conversations are kept private and confidential.



To register or for more information please call the Gerholz Center at 810-234-0500.



## About the Center



Since 1983, the Gerholz Center for Christian Counseling has been a ministry of First Presbyterian Church. In this ministry we are empowered by Christ’s love to provide hope through excellence in counseling through life changing experiences and relationships. This is always done from a Christian perspective. For more information please call the Center at 810-234-0500.



## About the Church



First Presbyterian Church is now in its 171st year of being engaged by Christ’s love to invite, worship, nurture and serve. Together, we endeavor to bring the power and love of Jesus Christ to bear upon all the seasons of life. For information about worship and the many opportunities for individuals and families please call 810-234-8673.



The Gerholz Christian Counseling Center  
746 S. Saginaw St.  
Flint, Mi 48502  
(810)234-0500