

PUBLISHED MONTHLY BY:
FIRST PRESBYTERIAN CHURCH OF FLINT
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SERVE MISSION

Gerholz

Andy Armstrong, director
Gerholz Counseling Center
810.234.0500 x265

Get real!

A couple of months ago I shared some thoughts on the importance of letting ourselves be loved, first by God and then by others. I suggested that being loved is essential to being a real person. However, if we stop with only being loved, at best, we're incomplete. We need relationships to be fully real. Relationships with people and a relationship with Christ are inseparable (Matthew 18:20). We have to give love as well as accept it. So this is about relationships. Before we can talk about relationships, we need to acknowledge two things about ourselves.

God designed us to live in relationship. (Genesis 2:18) In the movie, *Cast Away*, Tom Hanks played a character who found himself completely isolated on an island. With no one around, he had to create an imaginary friend. So he found a volleyball, named it "Wilson", and had long conversations with it.

We all mess up. (Romans 3:23, 1 John 1:8.) This needs no elaboration.

So relationships are necessary and they are with imperfect people (including us). This can make them difficult. Amazingly, with love and forgiveness, these same difficulties can become gifts.

We achieve better balance in life. I tend to be a theological thinker. I love the world of ideas. My wife, Sharon,

on the other hand, is practical and results oriented. There are times that I get really involved in thinking about a new idea, involved to the point of getting abstract. (Sharon might say a little out of touch with reality.) When I tell Sharon my ideas she brings me back to reality in her usual loving way by saying something like, "What are you talking about!?" or simply, "Huh?" On the other hand, when she doesn't understand a particular concept she will bounce it off of me and sometimes I can help her get a better grasp of it.

We can learn to accept our own frailty and humanness. One of Satan's weapons is to isolate us. He can seduce us into thinking that we can keep our temptations or transgressions secret and/or shame us into believing that no one could accept us if they knew the truth about us. We can overcome this by choosing a wise and spiritually mature person with whom we can share. As we experience their acceptance, we can see ourselves in the light of God's love instead of the darkness of sin. Together, we can find the Lord's direction in whatever circumstances we find ourselves.

Love means a lot more. If we were perfect, love would not mean as much. As perfect people, of course we would love each other. We would certainly expect that God would love us too. Why wouldn't He? But when we mess up, when we hurt other people, and they still love us, when God still loves us, that means something! (Romans 5:20, 21) The miracle of love occurs when we feel the most unlovable; when, even with all our flaws and faults, we are still able to love and be loved—that's a Wow!

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The Messenger

May 2009 Volume 61, Number 5

Ashes to Fire

Jubilate!

Mother's Day

Sunday, May 10 ~ 9:30am, Sanctuary
The Men's Chorus in the Choir Loft

Gerholz Annual Fundraiser

Tuesday, May 12 ~ 6:00pm, Parish Hall
An opportunity to meet and greet Carol Kent
Program Title: *A New Kind of Normal*

Jane Faner Sweers Faith Foundation Series

Carol Kent, Author and Speaker
Wednesday, May 13 ~ 6:30pm, Sanctuary
Program Title: *When I Lay My Isaac Down*

51st Annual Choir Festival

Saturday, May 16 ~ 7:00pm, Sanctuary
Featuring the FPCF Choirs, Handbells, Organ and Brass

Festival Worship Service

Sunday, May 17 ~ 9:30am, Sanctuary
First Brass and Percussion Ensemble
Photo display in the Parish Hall
FPC History with Sally Jaeger, 11:00am, Chapel

Faith in Flint

Faith in Flint Work Day and Potluck

Saturday, May 30 ~ 4:30pm
Spend some time serving our Flint community.
Meet back at the church at 4:30 for a potluck cookout!

Pentecost Festival Sunday

May 31 ~ 9:30am / Sanctuary
A celebration of God's work through FPCF!
Chancel Choir, Festival Orchestra, Multi-Media Presentation, Healthy Foods



Engaged by Christ's love to invite, worship, nurture, and serve.

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POINTS OF INTEREST

Worship: Sundays, 9:30am
Website: www.fpcf.org
Radio Broadcast: Sundays, 9:30am,
WSNL 600am

Church Office Closed

The church office will be closed on Monday, May 25 in honor of Memorial Day.

Dr. John L. Musgrave
Senior Pastor
810.234.8673, ext. 237
jmusgrave@fpcf.org

Church Register

Deaths

Gerald Meyers, (son-in-law of Bob and Virginia Johnson) deceased on April 16, 2009.

Marion "Lee" Davis of Flint (husband of Mildred Davis) deceased on April 25, 2009

Gifts

To the Memorial Fund in memory of **Edward Goldner** by Judy Roeser; in memory of **Harold (Hal) Hohner** by the Charles Butcher family, Wilma Thoms, Brad Fanning family, Steve Fanning family, Cheryl Boher family, Philip and Beverly Seyfried, Marialice Ferguson, Roger and Sherrill Mixer, Jan Cook-Firmin, Dr. Duane P. Kimmel, Lila and Del Lien, Ron Schnell, Jack and Ardelle Park, Loraine Diebel, Linda and Bob Charney and Robert and Carolyn Aldrich; in memory of **Wilburt (Ted) Routly** by Carl and Jean Raiss; in memory of **Richard Muench** (brother of Kathy Muench) by Albert and Barbara Koegel; in memory of **Rex O. Graff** by Max and Bonnie Graff; in memory of **Gertrude MacArthur** by Eino and Nancy Rajala.

To the Bishop Class Stained Glass Window Fund in memory of **Mary Gross** and **Joyce Shinn** by John and Dorothy Stout; in memory of **Edward Goldner** by John and Dorothy Stout, Ken and Kathy Richards, Sue Goering and the Heginbottom family, Phyllis Stanbury, Mary Snyder-Bill Henrion family and Dick Henrion family; in memory of her husband, **Glen Arndt**, who died April 8, 2006 by Barbara Arndt; in memory of **Joyce Shinn** by Kenneth Shinn.

To the Music Fund in memory of **Harold (Hal) Hohner** by Patricia and Richard Harmon, John and Dorothy Stout, John Bach and Mary Alice O'Malky, Jim and Colette Weier, Kathleen Sheehy, Holly Rosser, Suzanne Rosser, Gayle Bagley, Darleen Yaskanin, Derral and Evelyn Gibbs, and Kelly and Joyce Beardslee.

To the McKinney Deacon's Fund in memory of **Harold (Hal) Hohner** by Susanna Patek and Esther Jacob.

To the Deacon's Breakfast Fund in memory of **Lois Jones** (mother of Kathy Bradley) and **Richard Muench** (brother of Kathy Muench) by Ruth Gage Burns.

To the MacConnell Music Fund in memory of **Katherine MacConnell** by Peg (Margaret) Carrier Jackson.

To the Gerholz Christian Counseling Ministry Fund in memory of **Harold (Hal) Hohner** by Dr. Herman and Mary Kuehn.

May Calendar of Events

WORSHIP SERVICES & SUNDAY EDUCATION CLASSES

Adult Church School, Sundays, 11:00am
Children's and Youth Education, Sundays, 10:45am
Contemplative Service, Wednesday, May 6, 6:15pm, Chapel
Sunday Family Worship, Sundays, 9:30am, Sanctuary
Festival Worship, Sunday, May 31, 9:30am, Sanctuary

BIBLE STUDY/ENRICHMENT OPPORTUNITIES

Men's Bible Study, Saturdays, 8:00am, RM 129
Women's Bible Study, Mondays, 7:00pm, RM 129
Women's Bible Study, Wednesdays, 10:30am, RM 129
Women's Bible Study, Thursdays, 9:15am, RM 211
Women's Bible Study, Thursdays, 9:45am, RM 207
College & Career Ministry, Mondays, 7:00pm, PIPE
Junior High Ladies Small Group, Wednesdays, 6:15pm, PIPE
Sr. High Ladies Small Group, Saturdays, 1:00pm, Borders

EVENTS/ACTIVITIES

Volunteer Expo, Saturday, May 2, 12:00pm-4:00pm, PH
Salem Housing, Saturday, May 9, 8:30am, Offsite
Gerholz Fundraiser, Tuesday, May 12, 6:30pm, PH
Carol Kent Presentation, Wednesday, May 13, 6:30pm, Sanctuary
Choir Festival, Saturday, May 16, 7:00pm, Sanctuary
Church Wide Service Day, Saturday, May 30, 8:00am-4:30pm
Church Wide Potluck, Saturday, May 30, 4:30pm, Parking Lot

MEETINGS

Administration Team, Monday, May 18, 5:00pm, MP
Choir Officers Team, Tuesday, May 5, 5:30pm, OCR
Communication Task Force, May 4 & 18, 4:00pm, OCR
Computer Tech Team, Monday, May 11, 5:00pm, OCR
Congregational Care, Tuesday, May 12, 4:00pm, OCR
Deacon's Team, Tuesday, May 12, 6:30pm, RM 129
Gerholz Team, Wednesday, May 20, 6:00pm, OCR
Grief Recovery, Tuesday, May 26, 1:30pm, MP
Grief Support, Tuesday, May 12, 1:30pm, MP
Health Council, Tuesday, May 12, 6:00pm, OCR
MFA Team, Tuesday, May 12, 4:30pm, MP
Session, Tuesday, May 26, 6:00pm, RM 129
Trustee Board, Tuesday, May 19, 5:00pm, RM 129
Trustee B & G, Tuesday, May 19, 5:30pm, RM 129
Trustee Finance, Tuesday, May 19, 5:30pm, RM 129
Women's Ministry Team, May 4, 6:30pm, MP
Youth Team, Saturday, May 2, 10:30am, Pipe

Nurture Mission

Sanctuary Flowers

The beautiful flower arrangements in the urns at the front of the Sanctuary and the two arrangements that are delivered each week to shut-ins or those celebrating their birthday are purchased from the Flower Memorial Fund. This fund is entirely supported by those who have donated to the Flower Memorial Fund in honor or memory of a loved one. Their dedications are listed in the Order of Worship each week.

Since this fund is entirely supported by donations, the way these flowers are purchased is with your help. Please consider making a donation of at least \$20.00 in honor or memory of a loved one.

This will help ensure that, even with rising costs, the flower arrangements will continue to help beautify the sanctuary each week and to be delivered to the shut-ins or those celebrating their birthday. If you would like to make a donation to this fund in honor or memory of a loved one, please contact Amy Siefert at 810-234-8673 ext. 234.

The additional Lent and Advent flowers are funded through the Gerholz Christmas Flower Fund and the generous donations of those who purchase poinsettias or Easter flowers. Thank you to everyone who generously gives to support these beautiful flower arrangements and may they bless you as you worship.

Serve Mission



With five loaves of bread and two fish Jesus fed 5000! What can he do with us?

Christ is risen! He is risen indeed!

God, through the risen Christ has called *us*, and with Holy Spirit has empowered *us* into his world-reconciling work! Together we celebrate this calling as together we bear witness to the power of God to transform lives, to transform communities . . . even our own Flint community! We encourage you to *be involved* . . . with neighbors, through organizations, in schools, in hospitals, with the sick and those in need . . . be involved! As an individual, as a family, with a few friends, as a small group, as part of a team of the church . . . be involved! A few suggestions of how to be involved are available at the Faith in Flint table in the Narthex, but there are more ways that can be put into that booklet! Pray about it, dream about it, but then *act* on it!

T-shirts: We have fire-red t-shirts with the *Faith in Flint* logo available for \$7. Pick one up in the Narthex or church office and wear it as you go about serving to remind us that God's Spirit is the one who empowers us to this work of loving service in Christ's name, and to let the community know that God is at work right here in our Flint community!

Photos: Free cameras are available in the Narthex and the church office. Take pictures of the work in which you are involved (and any other people with you!), develop the film and return the photos to us beginning Sunday, May 10th. We will take them and begin to work up a photo display for May 17th in the Parish Hall. Even if you bring them on Sunday, May 17th, they will still be used! We will continue to receive photos up through the May 31st, Pentecost celebration.

Reporting: Help us keep track of your service time by filling out the *Faith in Flint* cards that are in the pew holders. The only way we can track the time served is by your sharing with us in this way how God is working through you! (If you feel a bit strange about this you can leave the name line blank! We're not keeping tab of who's doing what, just how God is using us to touch the community in which we have been placed!)

Our Ashes to Fire campaign runs through May 31st, Pentecost Sunday, at which time another celebration will take place in the Sanctuary, the Narthex, the hallway all the way down to the Chapel! Plan to be part of that great celebration! *Faith in Flint . . . act it out!*

Service Opportunities

The city of Flint has a great number of ways we as groups and you as families and individuals can serve, acting the love of Christ out in the community! There is a list of organizations that are looking for help. The list can be found on Sundays at the *Faith in Flint* table located in the Narthex. You can also pick up a copy during the week from the church office. Also, two Saturdays to mark on your calendars (with *pen*, not *pencil*):

Saturday, May 2nd, Noon-4pm: Resource Genesee is hosting a Volunteer Expo right here at FPC! Stop by and get plugged in to serve as city and county agencies will be recruiting volunteers for a variety of projects. They will be giving out a *Volunteer Bragging Rights Award* to the organization with the most volunteers in attendance! *Let's make that FPC!*

Saturday, May 30th: This will be a church-wide day of service at a variety of work sites. We'll close the day out with a big potluck picnic at 4:30pm, at the church. Watch the bulletin and Narthex table for further details. Questions . . . thoughts? Contact Paul Ytterock, 234-8673.

Youth Ministry

Jim Pope, director
810.234.8673, ext. 223
jpope@fpcf.org

Sundays at the Pipe:

Neighborhood Breakfast at 8:00am. Help serve the community on Sunday mornings.

Good Morning Pipers at 10:45am in the Pipe. This is a time for fellowship.

Educational Hour, 11:00am-12:00pm, Senior High students meet in the Pipe Green Room. Junior High students meet in the Pipe Class Room.

Chapel Choir, 5:45 – 7:00pm. Meets every Sunday in the Choir Room on the second floor.

Pipe, 7:00 – 8:30pm. Join us each week for a time of food, fellowship, music, videos and relevant teaching.

Wednesdays at the Pipe: Pipe Praise Band Practice is in the Pipe. Junior High, 5:30 – 7:00pm and Senior High, 7:00 – 9:00pm. **Worship Service** in the Chapel at 6:15pm. **Junior High Ladies Small Group, 6:15 – 7:30pm** in the Pipe Green Room with Janeen Reigle.

Other Meetings and Events:

Honoring Graduating Seniors, Sunday, May 17, 9:30am during worship service. There will be a banquet immediately following service.

Young Men's Small Group, Thursdays, 7:00pm at Jim Pope's home (3509 Norwood Dr., Flint).

Sr. High Ladies Small Group meets on Saturdays at 1:00pm at Borders with Kim Skaff.

Summer Mission Trip, S.O.S Memphis, TN from July 19-25. Cost is \$200. A \$50 nonrefundable deposit is due to secure your spot. The next \$75 is due by May 12th. The remaining \$75 is due by June 1st. See the Pipe for a brochure or to sign up.

The Youth Ministry is making blankets for church members who are homebound or living in assisted living/nursing homes. If you would like to donate fleece, for each blanket we need two sheets of fleece measuring about 1.5 yards each. Please give fleece to Jim Pope in the Pipe.

College and Career Ministry: Join this discussion group in a dialogue about "Faith Issues" led by Josh Glitz on Mondays at 7:00pm in the Pipe Green Room. **Coming Soon:** Downtown concerts!

Brenda Portman CD Release

Our organist, Brenda Portman has released a CD entitled "All Might and Majesty." It consists of many colorful and creative organ works by composer Edwin T. Childs. CD's may be purchased from Brenda's website www.brendaportman.com or from Brenda directly. All proceeds will go to cover the expenses of Brenda's participation in the Bank District Organ Competition this summer in London.



Children's Ministry



Interested in sending your child to a Christian summer camp this year? First Presbyterian Church has camp scholarships available. Please contact Jaime Powell for an application. Your child will be required to submit a personal statement as part of the application process. Application deadline is May 31st.

Looking for a copy of the latest Children's Ministry Newsletter? Visit www.fpcf.org to download or view your copy today!



Teachers & Shepherds

As we celebrate volunteer teachers and shepherds here at First Presbyterian, we acknowledge that Sunday after Sunday, you share your gifts, your loving hearts, your listening ears, your friendly faces and your caring hands. You are a dedicated, chosen set of special people and have worked each and every week of this past school year to show God's love to our children, open the many riches in God's word and make our children smile. For this we are grateful. We also acknowledge your family members and the sacrifices that they all make continually. For we know that without their support, love and encouragement, your volunteer service would be impossible. May you receive the rest and refreshment that you need this summer and may your efforts of this past year bear fruit. With the fulfillment of your summer hopes and dreams, may God watch over you in the weeks of rest ahead, and guide you each day. May you continue to grow in faith, wisdom and grace. God bless you and we sincerely thank you for your service to Children's Ministry.

Music and Fine Arts

Mark Riddles, director
810.234.8673, ext. 249
mriddles@fpcf.org

Men-in-Red (robes)

There is really nothing like the sound of men singing together. This year, a Men's Chorus (high school age and older) will serve as our choir on May 10th – *Mother's Day!* The Men's chorus will rehearse on **Thursday night, May 7th, 7:00 – 9:00pm.** You may also make a reservation for a light dinner of soup, salad, bread and dessert that will be offered beginning at 6:00pm.

One of the gifts of our congregation is the number of strong male voices singing hymns in our worship service. We invite all men high school age and older to expand your experience by singing in the *Men's Chorus* - May 7th and 10th.

51st Annual Choir Festival – May 16th: 7:00pm

One of the great traditions of FPC is its annual concert featuring the various choirs and ensembles that make up our distinguished Music and Fine Arts Ministry. Our Cherub, Carol, Cantus, Chapel and Chancel Choirs, our Cloister and Concert Handbell Choirs, our Organist, Brass and Percussion Ensembles and, of course YOU – the congregation will all be featured in this year's Celebration of Praise.

The Festival Concert is **Saturday, May 16th at 7:00pm** in our Sanctuary. There is no admission charge and child care can be provided by reservation.

Festival Sunday – May 31st

FPC's *Ashes-to-Fire; Faith in Flint* Celebration will culminate with a festival worship service on Sunday morning May 31st. The Chancel Choir and FPC Festival Orchestra will lead us in an inspirational service featuring great anthems and hymns of the church. Be sure to attend worship that morning as we celebrate God's extravagant generosity to us.

Worship Mission

Sunday Morning Worship

May 3, 2009
Fourth Sunday of Easter
Acts 4:5-12; 1 John 3:16-24
John 10:11-18
The Authentic Shepherd
John L. Musgrave

May 10, 2009
Fifth Sunday of Easter
Acts 8:26-40; 1 John 4:7-21
John 15:1-6
Wine Making; Life Making
John L. Musgrave

May 17, 2009
Sixth Sunday of Easter
Acts 10:44-48; 1 John 5:1-6
John 15:9-17
Being Loved We Can Love
John L. Musgrave

May 24, 2009
Seventh Sunday of Easter
Acts 1:15-17, 21-26; 1 John 5:9-13
John 17:6-19
Bonds of Friendship
John L. Musgrave

May 31, 2009
Pentecost
Acts 2:1-21; Rom. 8:22-27
John 15:26-27, 16:4b-15
On Fire for Jesus
John L. Musgrave

Confirmation Sunday March 29, 2009



The following students were confirmed on Sunday, March 29:

Andrea Rocco, Taylor Weier, Katelyn Keene, Lydia Lorenz, Jade Powell, Christopher Newman, Tyler Thayer, Morgan Hungerford, Katlyn Koegel, Erick VanDuyne.

Sunday April 26:

Marissa Pugh

The Jane Faner Sweers Faith Foundation Series Presents

Carol Kent

May 13, 2009 6:30pm

**The Life and Legacy of Jane Faner Sweers**

Jane Faner Sweers was born July 30, 1917 in Goodrich, Michigan. She graduated from Goodrich High School and attended Baker Business University where she gained secretarial expertise and a solid working knowledge of business.

Highly respected for her keen business sense and her astute awareness of the corporate world, Jane served General Motors as the secretary to the plant manager at Fisher Body #2. Jane carried this responsibility for over 35 years, assisting twelve different plant managers. In her later years, many of Jane's church and community activities were curtailed because of macular degeneration. Following a life vitally and faithfully lived, Jane Faner Sweers passed away on December 19, 1998. As a lasting and loving memorial to her sister, a generous gift from Kathryn Faner Lobban established the *Jane Faner Sweers Faith Foundation Series* in October 2000.

**Women's Ministry**

Kim Skaff, director
810.234.8673 x247
kskaff@fpcf.org

Ruth: Trusting That God Will Provide
Thursday mornings at 9:45am
Beginning May 7 in Room 207
Facilitated by Corinne Kage
Child care provided

The story of Ruth is an illustration of trusting the Lord through faith and action in difficult times. Ruth left her homeland for a strange country because she believed God and wanted to live with his people. She learned to find joy and celebrate life as God provided for her physical, emotional and spiritual needs. Join this study and you'll discover God is doing the same for you. In the midst of the challenges of your life God provides for your every need. There is joy and hope in that for each of us.

Carol Kent is a popular international public speaker best known for being dynamic, humorous, encouraging, and biblical. The former radio show co-host has been a guest at many arena events such as, *Time Out for Women* and *Heritage Keepers*.

Carol has spoken internationally in Germany, China, Hong Kong, Mexico and Canada. She has been a guest on many different programs such as, *Dateline NBC*, *At Home Live with Chuck & Jenni*, *Focus on the Family*, *Prime Time America*, *Midday Connection* and *Family Life Today*. She has also been a guest for the nationally syndicated women's conference sponsored by the Church Communications Network.

Carol is the president of Speak Up Speaker Services, a Christian speakers bureau and the founder and director of Speak Up With Confidence seminars, a ministry committed to helping Christians develop their communication skills. She has also recently founded Speak Up for Hope. Speak Up for Hope is a nonprofit organization that benefits the families of incarcerated individuals.

Carol holds a master's degree in communication arts and a bachelor's degree in speech education. She has taught speech and drama, and directed women's ministries at a large midwestern church. She is a member of the National Speakers Association and on the board of the Advanced Writers and Speakers Association. She actively serves on the advisory board of MOPS International.

Some of her books include: *When I Lay My Isaac Down*, *A New Kind of Normal*, *Becoming a Woman of Influence*, *Mothers Have Angels Wings*, *Secret Longings of the Heart*, *Speak Up With Confidence* and *Detours, Tow Trucks, and Angels in Disguise*.

Carol is the general editor of the *Kisses of Sunshine* series (Zondervan). She has also been featured on the cover of *Today's Christian Woman*. The program will be part of our *Ashes to Fire* series and will be a very uplifting experience for all who attend.

XYZ

Lee Doll, Congregational Care Specialist
810.234.8673, ext. 230
ldoll@fpcf.org

**Nonsense II-The Second Coming
July 15, 2009**

The same five nuns are back on stage at Mt. Saint Helen's School for what is billed as a "Thank You Program" for their supporters. Since their first time out was such a success, they have decided that they should stick to their successful variety show formula. This time they are forced to work around the set dressing of "The Mikado" which is being presented the following week by the Hoboken Music Society on the Mt. Saint Helen's stage. Cost is \$35 per person. Your payment is your reservation. Make checks payable to First Presbyterian Church and mail to Lee Doll.

**Lancaster Show Trip and the Dutch Country
September 14-19, 2009**

Cost is \$499 per person for double occupancy; add \$160 for single occupancy. A \$75 deposit is due upon signing.

Price includes:

- ◆ Motorcoach Transportation
- ◆ 5 nights lodging including 3 consecutive nights in the Lancaster area
- ◆ 8 meals: 5 breakfasts and 3 dinners
- ◆ Visit to charming Kitchen Kettle Village Admission to "The Amish Experience"
- ◆ Guided tour of Lancaster including Amish Country
- ◆ In the "Beginning" show at the Sight and Sound Millennium Theatre
- ◆ "Abraham and Sarah-A Journey of Love" at the Living Waters Theatre

For information and reservations, please contact Lee Doll.

Church Wide Event

Take Me Out to The Ball Game
Sunday, June 21, 2009

Join us for an afternoon baseball game with the Great Lakes Loons at the Dow Diamond in Midland. What a great idea for Fathers Day!

Tickets are \$9.00 each. Gates open at 2:05pm game starts at 3:05pm. Deadline to purchase tickets is June 5th For more information and ticket sales, please contact Lee Doll.

Health Fair is Coming:

Frankie Bonner
810.234.8673, ext. 231
fbonner@fpcf.org

OUR VERY OWN MISSION OPPORTUNITY

First Church is excited to announce our very own Neighborhood Health Fair, Coming Saturday, July 10th

For over 20 years, the Lake Huron Presbytery, along with the Synod of the Covenant has held health fairs for children, adults, and migrant workers in need of health care screening and health care access. These fairs have been held in Reese, Saginaw, Imlay City and St. Charles. The Korean Presbyterian Church of Metro Detroit sends physicians and youth volunteers to assist with the health screenings, which include: height, weight, hearing, vision, teeth, and blood pressure as well as health education. At the end, each health fair participant receives a health kit to take home. This congregation has participated in the past by collecting items for the health fair kits. We are again asking for your help with this project. We will need 200 or more kits, so whatever you can do will help tremendously toward the effort. **Beginning May 1st there will be a collection container in the Narthex, near the Welcome Center for your completed kits.**

HOW TO ASSEMBLE A HEALTH FAIR KIT

PLACE ALL FOLLOWING ITEMS IN A ZIPLOC GALLON SIZE BAG:

- 1 Washcloth
- 1 Bar of soap in wrapper
- 1 Comb
- 1 Hand towel
- 1 Regular size dental floss
- 1 Shampoo (11-15 oz.)
- 1 Underarm deodorant (2 1/2 oz.)
- 1 Toothpaste
- 1 Toothbrush in wrapper

DO NOT INCLUDE any other items in the kits because they need to be uniform.

DO NOT INCLUDE any sample size items in the kits. Other helpful items to collect besides the kits are:

- Bottles of sunscreen
- 8-crayon packs (new)
- Sample sizes of toothpaste, soap, shampoo, and deodorant
- Extra full size items for the health kit contents
- Money to purchase new glasses for the children and blood sugar meters and sticks.